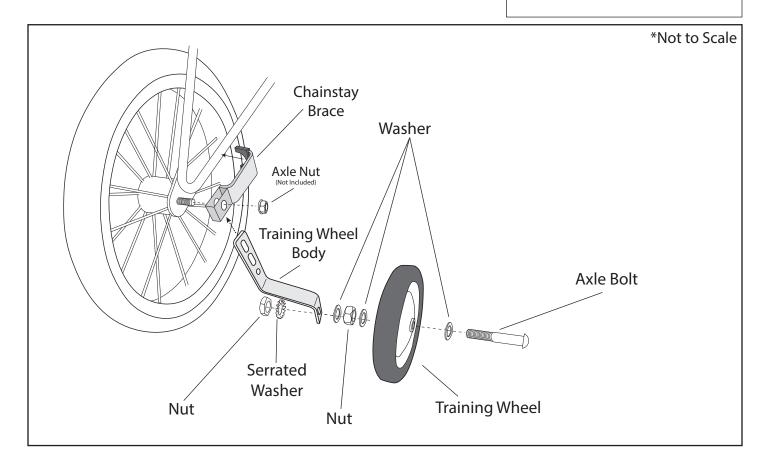
## Heavy Duty Training Wheels

*Please read all instructions before installing and using your training wheels.* 

## Instruction Manual

## Warning <u>A</u>

Failure to install training wheels properly may result in serious injury/death and or damage to your bicycle.



## Installation

- 1. Place a light amount of grease on the Axle Bolt on the non-threaded portion.
- 2. Insert the Axle Bolt through a washer, then the wheel, another washer and then tighten the nut to hold the wheel in place on the axle.
- 3. Install the wheel onto the lower portion of training wheel assembly as indicated above. Use the serrated washer between the nut and body of the training wheel.
- 4. Insert the training wheel body into the chainstay brace as shown. The hole used to mount the axle depends on the size of the bicycle.
- 5. After determining the correct mounting hole, attach the assembled unit to the frame using the axle nut from the bicycle (not included).
- 6. Replace axle nut and tighten until snug but not fully tightened.
- 7. Repeat for other side.
- 8. Level both training wheels so that they sit 1/4 to 1/2 inch off the ground.
- 9. Fully tighten both sides.

